

Individual • Couple • Family Counseling  
Adults • Children • Adult Counseling



About Our Counselors

All of our counselors have a minimum of a master's degree, are independently state licensed, and are credentialed by the United States Marine Corps.

Our counselors have experience working with service members and their families, and many of them have family members who have previously served or are actively serving in our military.

Our trained professionals will work with you to develop a plan and find solutions designed to meet your specific needs and help you overcome stressors related to the challenges in your life.

Marine Corps Community Services  
Behavioral Health Branch

## Community Counseling Program

Henderson Hall, Bldg. 12  
Joint Base Myer-Henderson Hall  
Arlington, VA 22214

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Call today to  
schedule an  
appointment  
**703-614-7204**

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### ADDITIONAL RESOURCES

|                              |              |
|------------------------------|--------------|
| 24/7 Victim Advocacy Hotline | 202-439-6038 |
| Prevention and Education     | 703-614-7204 |
| New Parent Support Program   | 703-614-7204 |
| Family Advocacy              | 703-614-7204 |



[www.mccsHH.com/CCP.html](http://www.mccsHH.com/CCP.html)

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”Strength for the Journey . . .”

## Henderson Hall COMMUNITY COUNSELING PROGRAM





# STRENGTH FOR THE JOURNEY...

The Community Counseling Program (CCP) is designed to provide increased access to counseling for Marines, Sailors, and their families.

The CCP focuses on screening, prevention, and intervention to address stressors impacting quality of life.

The CCP provides evidence-based interventions through non-medical counseling to individuals (adults, children, and adolescents), families and couples.

Our clinicians also provide clinical case management and referrals to appropriate agencies across the continuum of care as needed.

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## Counseling Services Include:

- Marital/Relationship Issues
- Communication
- Stress Management
- Anger Management
- Conflict Resolution
- Coping Skills
- Decision-making
- Deployment/Reintegration
- Relocation Adjustment
- Building Resiliency
- Parent-Child concerns
- Grief and Loss
- Challenges around Work-life Balance
- Adjustment Issues

The Community Counseling Program provides a variety of services to meet your counseling needs.

### Assessment and Planning

A clinician will meet with you to determine your specific counseling needs and to make a plan for achieving the outcomes you desire.

### Case Management and Referral Services

Our clinicians are available to assist you if you are working with multiple providers and are seeking assistance managing and identifying resources.

### Counseling Services

We offer individual, couple, and family counseling. Our goal is to assist you with identifying solutions to overcome stressors and challenges of life.

### Group Counseling

Group counseling provides an opportunity for people dealing with similar issues to support each other while identifying solutions that best fit their needs.