

## Substance Abuse Combat Center (SACC) Henderson Hall "Protect What You've Earned"

# **2022 August Prevention Sense**

Continue 101 Days of Summer Fun (Memorial Day to Labor Day)

# FOR MARINES

### **Alcohol Abuse Prevention Tip**

To succeed, a prevention program should be tailored to the strengths and needs of the community it serves. A Needs Assessment to identify those strengths and needs can take many forms, such as a compilation of demographic data, results of surveys, and stakeholders' responses to questions about the community they serve. Assessments can be expanded to include focus group discussions, town hall meetings, interviews, and telephone or mailed surveys to partnership members.

### **Drug Abuse Prevention Tip**

Synthetic stimulants - Marketed as "bath salts" these can often be found in a number of retail products. They are chemical derivatives of cathinone, a central nervous system stimulant, which is found naturally in the that plant. Their full effects are unknown and can be dangerous. They cause rapid heart rate, which may lead to heart attacks & strokes, chest pains, nosebleeds, sweating, nausea, and vomiting. These substances are marketed with a warning "not intended for human consumption.'

# FOR SACOs

#### **Events**

August is International Overdose Awareness Day. Celebrated around the world on August 31, this aims to raise awareness of overdose and reduce the stigma of a drug related death, especially for those mourning the loss of family and friends.

#### **SACO Best Practice**

\*Log in to the IFTDTL a minimum of once every 30 days to help you remain abreast of your results.

#### Discrepancy of the Month

Code BK, i.e. Specimen leaked in shipment [MOST COMMON DISCREPANCY BY FAR]. A "BK" will be applied if any part of the specimen bottle leaked during shipment.

**Let's Agree to Stay in Touch** SACOs should contact the SACC once a week minimum to ensure that nothing "slips through the cracks" to cause you any nasty surprises later. Doing so will also help ensure that you are always up to date on all the latest developments.

### Prevention Calendar

Screenings: Tuesdays (Contact the SACC Mgr.)

Aftercare (Call in Only): Wednesdays, 0645

Prime For Life: 16 & 17 August

Detection Supplies Pickup: Call the DDRC

SACO Trng & Mtg (Call-in): 19 August @ 0930

SACO Consultation: On Demand (Contact SACC)

Supervisor Training: As Needed (Contact SACC)

Command Outreach: TBD

The Only Thing Better than Prevention is MORE PREVENTION (Click the link below)

National Night Out - Began in 1984 in an effort to promote involvement in crime prevention activities, police community partnerships, neighborhood camaraderie, and to send a message that neighborhoods are organized and fighting back, and attempting to stay drug-free (http://www.natw.org/about-nno)

International Overdose Awareness Day - Celebrated around the world on August 31, this aims to raise awareness of overdose and reduce the stigma of a drug related death, especially for those mourning the loss of family and friends. It also spreads the message that the tragedy of overdose death is preventable.

(https://www.overdoseday.com)