

# Knowledge Nugget



## Join us for bite-size learning

On 2nd & 4th Tuesday of each month from 11:30 AM to Noon

### Topics:

- Introduction to EFMP
- Accessing Community Resources
- Early Intervention Overview
- SSI/SSDI & Medicaid Waivers
- Managing Deployments
- Recreation Inclusion Opportunities
- Respite Care
- Recreation Inclusion Opportunities
- Special Education Overview
- Building Networks of Support
- Permanent Dependency
- Service Animals

**All courses can be scheduled on request**

Please email **Henderson Hall Exceptional Family Member Program (EFMP)**  
[efmphh@usmc-mccs.org](mailto:efmphh@usmc-mccs.org) for a link to a MS Teams session.

## COURSE DESCRIPTIONS

### Introduction to EFMP

Learn the ins and outs of the Exceptional Family Member Program. Maximize the benefits of EFMP Family Support  
Dates: 1/14/2025, 5/13/2025, 8/12/2025, 11/12/2025

### Accessing Community Resources

Get the most out of the wealth of resources available in the National Capital Region and discuss how to find new resources when you PCS to a new location. Dates: 3/25/2025, 06/24/2025, 10/14/2025, 11/25/2025

### Early Intervention Overview

From birth to 3, a child should reach milestones in how he/she plays, learns, talks and moves. Tune in for a bite-sized workshop on the early intervention process, typical milestones and steps to take if you have concerns. Led by EI SLP.  
Dates: 05/27/2025, 12/9/2025

### SSI & Medicaid Waivers

Learn about Medicaid and Supplemental Security Income including who qualifies and who to apply. Dates: 05/27/2025, 08/26/2025

### Managing Deployments

A bite-sized brief about how to prepare for deployment. Learn about the resources and supports available through your EFMP Family Support office. Dates: 03/11/2025, 09/23/2025

### Successful PCS Transitions

Planning is the key to making a smooth transition for your family during a PCS move, especially if you have a family member with special needs. This workshop will step you through the process  
Dates: 04/08/2025, 12/23/2025

### Respite Care

Learn about the respite care reimbursement benefit available to eligible families through EFMP. Required to begin using the program at Henderson Hall.  
Dates: 1/14/2025, 5/13/2025, 8/12/2025, 11/12/2025

### Recreation Inclusion Opportunities

The National Capital Region has a plethora of accessible recreation opportunities from wheelchair basketball to adapted climbing. Tune in to learn about them and laws on inclusion. Dates: 01/28/2025, 04/22/2025, 7/22/2025, 10/28/2025

### Special Education Overview

Are you new to the special education arena or in need of a refresher on the basics of special education? Join our bite-sized workshop on the need-to-know special education information. Led by former special education professional.  
Dates: 02/11/2025, 9/9/2025

### Building Networks of Support

Discuss how to build a support network with the challenges of the military and special medical or educational needs  
Dates: 3/25/2025, 10/14/2025

### Permanent Dependency

Learn about establishing an incapacitated status for a child within the Defense Enrollment Eligibility Reporting System (DEERS). Dates: 03/11/2025, 07/08/2025

### Service Animals

What is the difference between a service animal and a therapy animal? What laws apply to service animals? Who can benefit from a service animal? Answers to these questions and more in a bite-sized format.  
Dates: 6/17/2025, 11/25/2025