



SEPTEMBER 2024

# National Suicide Prevention Awareness Month

Together we can make a difference in suicide prevention and strengthen our total force.

## Joining Your Fight: Connect to Protect

If you or someone you know is in crisis, reach out for support today. **Dial 988 and press 1 or text 838255** for 24/7 confidential support when you need it.



JOINING YOUR FIGHT | CONNECT TO PROTECT

Join the discussion with #JoiningYourFight

