

PERSONAL TRAINING

At Smith Gym

30 min. for \$30

60 min. for \$60

Ask about our
session package
discounts.



MC CS
SEMPER FIT

INDIVIDUAL AND GROUP RATES AVAILABLE

**SESSIONS AVAILABLE BY
APPOINTMENT ONLY!**

**FOR RESERVATIONS AND MORE
INFORMATION, CONTACT:**

Jason Herr

Fitness Specialist

703-614-6332

jason.herr@usmc.mil

OPEN TO ALL WITH BASE ACCESS