

Yoga

WEDNESDAYS

11:30AM - 12:30PM

MC^{CS}
SEMPER FIT

Command PT YOGA
available by reservation



POC:
Allie Scott
Alexaundria.scott@usmc-mccs.org
703-614-8759



[eventbrite.com/e/yoga-](https://eventbrite.com/e/yoga-tickets-405205980997)
[tickets-405205980997](https://eventbrite.com/e/yoga-tickets-405205980997)

Open to: Active Duty, Reservist, Dependents, and all DOD

Semper Fit is committed to providing reasonable accommodations upon request. Please contact us at 703-614-6332 at least one (1) week in advance of the event. No federal or Marine Corps endorsement implied.