



Substance Assessment & Counseling Program (SACP) Henderson Hall "Protect What You've Earned" **August 2026 Prevention Sense**

Continue 101 Days of Summer Fun (Memorial Day to Labor Day)

PREVENTION WITH AN ATTITUDE COME GET THE LOVE YOU NEED

FOR MARINES

Alcohol Abuse Prevention Tip

To succeed, any good prevention program should be tailored to meet the strengths and needs of the community it serves. A Needs Assessment to identify those strengths and needs can take many forms, such as a trends analysis, compilation of demographic data, results of surveys, and stakeholders responses to questions about the community they serve. Assessments can be expanded to include focus group discussions, town hall meetings, interviews, and telephone or mailed surveys to partnership members. SACC HH will be conducting this year's needs assessment during September for incorporation into next year's prevention campaign.

Drug Abuse Prevention Tip

Poppy seeds are harvested from the poppy plant, a crop cultivated for the pharmaceutical and food industries. The seeds can become contaminated with morphine and codeine during harvesting. A new variant of poppy seeds has higher levels of codeine than previously reported. Ingestion of this variant of poppy seeds could cause Service members to test positive for codeine on a drug test. Due to the risk of a codeine positive drug test, the DoD is recommending Service members avoid consuming poppy seeds or any food products containing poppy seeds. Poppy seed products to avoid include poppy seed muffins, poppy seed/everything bagels and poppy seeds breads, crackers and oils. This is not a permanent ban. The DoD is working on additional testing measures to distinguish illicit codeine use from poppy seed ingestion. The warning will be updated in the coming months.

Prevention Calendar

Screenings & Assessments: EVERY Tuesday (Contact SACC Mgr).
Aftercare (Call in): EVERY Wednesday, 0645 (Contact SACC Mgr).
Unit SACO Consultation: On Demand (Contact DDRC/SACC Mgr.).
Detection Supplies Pickup: As required (Contact the DDRC).
Command/Leadership Brief - As requested.
MBW New Joins Brief - 10 August 2026.
Prime for Life 16.0 Course - 11-12 August 2026.
Monthly SACO Training/Meeting: 21 August 2026 at 0930.
Henderson Hall Welcome Aboard Anti-Drug/Alcohol Abuse Prev.
PME: Accessed virtually at the HQ&SBN website

FOR SACOs

Events

August 31 is **International Overdose Awareness Day**. Celebrated around the world on August 31, this aims to raise awareness of overdose and reduce the stigma of a drug related death, especially for those mourning the loss of family and friends.

National Night Out is held the first Tuesday in August. National Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community.

Discrepancy of the Month

SC - Specimen quantity not sufficient to test.

10 Commandments of EFFECTIVE SACOs - Effective Unit SACOs consistently

- Tests a minimum of 10% monthly
- Test EVERYONE involved in collection once monthly
- NEVER store urine for an extended period
- Log in to IFTDTL once every 30 days minimum
- Contacts SACC HH at least once a week
- Attend/participate in EVERY SACO meeting.

The Only Thing Better than Prevention is MORE PREVENTION

National Night Out - Started in 1984 in an effort to promote involvement in crime prevention activities, police community partnerships, neighborhood camaraderie, and to send a message that neighborhoods are organized and fighting back, and attempting to stay drug-free.
(<http://www.natw.org/about-nno>)

International Overdose Awareness Day - Celebrated around the world on August 31, this aims to raise awareness of overdose and reduce the stigma of a drug related death, especially for those mourning the loss of family and friends. It also spreads the message that the tragedy of overdose death is preventable.
(<https://www.overdoseday.com>)