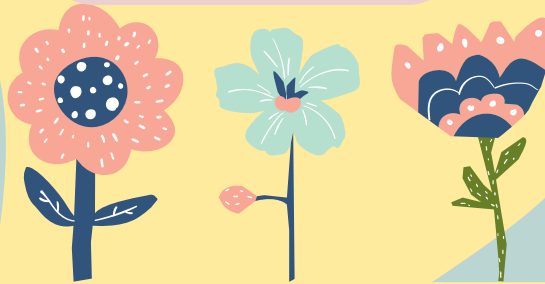


# EFMP Newsletter

April 2023



## Henderson Hall's Exceptional Family Member Program

1555 Southgate Rd, Bldg.  
12, Arlington, VA 22214  
Office Hours: M-F 0730-  
1630

EFMPHH@USMC-  
MCCS.ORG

### Program Manager

**Amy Proce**

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### Administrative Assistant

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### Family Case Workers

Vacant

### Training, Education, & Outreach Specialist

**Gracie Pak**

703-693-5353

Gracie.Pak@usmc-  
mccs.org

## PCS SEASON IS UPON US!



**FAMILY CONNECTIONS FORUM:**

# ALL ABOUT PCSING

WEDNESDAY,  
APRIL 12  
10 AM - NOON

Join Us In person at the Clubs of Quantico 3017 Russell Road; Quantico, VA 22134 or Virtually on FB Live.

**GUEST SPEAKERS:**

- HQMC EFMP Rep, Housing Rep, Tricare Rep, Pediatric Nurse Case Manager, School Liaison, PEATC.
- Please RSVP and indicate if you will be attending in person or virtually.

Register:  
[OMBEFMP.EventRegistration@usmc-mccs.org](mailto:OMBEFMP.EventRegistration@usmc-mccs.org)  
Call for questions at (703) 693-5353

Virtual:  
[www.facebook.com/EFMPQuantico](https://www.facebook.com/EFMPQuantico)  
or [www.facebook.com/mccsHH](https://www.facebook.com/mccsHH)

Registration Close Date: 4-07-2023 at 4 PM

MCCCS HENDERSON HALL

Presented by Quantico & Henderson Hall

EFMP Exceptional Family Member Program

Are you getting ready to change duty stations this summer? Getting ready to pack up the kids and travel cross-country? Let us help!

On Wednesday, April 12th from 1000-1200 Quantico EFMP and Henderson Hall EFMP are collaborating for a Family Connections Forum "All About PCSing"

Accessible on MCCSHH Facebook Live or in person at MCB Quantico Clubs of Quantico

For more information please contact 703-693-5353 or RSVP at [OMBEFMP.EventRegistration@usmc-mccs.org](mailto:OMBEFMP.EventRegistration@usmc-mccs.org)

**MARINE & Family**

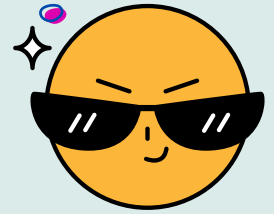


**EFMP** Exceptional Family Member Program

**MCCCS** HENDERSON HALL



# CHECK THIS OUT!



## PETAC Digital Portfolio for Military Families

To find out more and access the PDF go to [www.peatc.org/services/military-outreach/](http://www.peatc.org/services/military-outreach/)

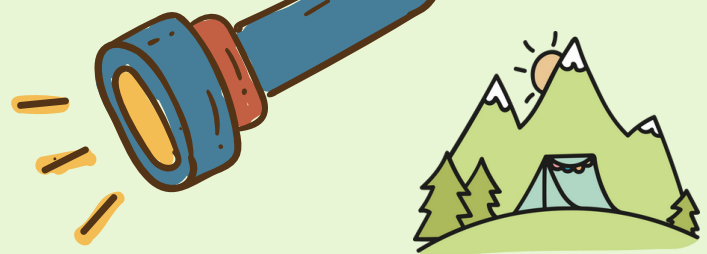
**Top Tip:** Keep a portfolio for different school years or different duty stations to stay organized and on top of timelines of treatments and diagnoses. Use as many downloadable portfolios as you want!

DON'T FORGET TO CHECK OUT ALL OF THE EVENTS AND FLYERS ATTACHED TO THE NEWSLETTER EMAIL! ALL UPCOMING ACTIVITIES OUTSIDE OF EFMP WILL BE ADVERTISED IN THE EMAIL.



HH EFMP's longtime collaborator, PEATC (Parent Educational Advocacy Training Center), has created a tool to ease the constant transitions from schools and healthcare with the Digital Portfolio for Military Families. The portfolio is a fillable PDF document that can be taken everywhere you go. Keep it on a flash drive for emergencies, print it out and keep it in a binder with other records, or keep it in your digital files to be accessible around the world! The portfolio consists of detailed pages regarding medical records and history, educational services and documentation, financial and legal documents, and emergency contact info. The possibilities for information and documentation to add is endless! Forget about those big bins full of records that fall apart more and more with each move or the flurry of papers that get scrambled every PCS! Keep all of your EFM's information in one place for the rest of time!

# Summer Camp Spotlight



The start of summer is near! Have you enrolled your child in a camp where you both can feel safe and comfortable? Check out this list of resources to find the best summer camp fit for your EFM!

## Camp Holiday Trails

Located in Charlottesville, VA  
[info@campholidaytrails.org](mailto:info@campholidaytrails.org)  
<https://campholidaytrails.org/>

We provide a positive community where kids can enjoy traditional camp activities, gain confidence, and learn to better manage their medical needs. 7-17 year-olds with a qualifying diagnosis and their siblings. Campers are socially, mentally, & emotionally able to participate in group activities. Medical professionals are on-site 24/7 for all in-person camp sessions. Counselors are trained to supervise and facilitate activities for all abilities. 75% of Camper Families report an increase in their child's medical independence and confidence after attending CHT.

**Camper Applications are open!**  
 We are also seeking Counselors & Volunteers for the 2023 Season!

6/10-6/17*	Burn Camp with VA Firefighters Assoc.
6/18 - 6/23	Session One one week, mixed diagnoses
6/25-7/7	Session Two two weeks, mixed diagnoses
7/9-7/14	Diabetes Week one week, primary diagnosis of T1D
7/16 - 7/21*	Camp Youngblood with VHE & HACA
7/23 - 7/28	Session Three one to two weeks, mixed diagnoses
7/30-8/4*	Camp Corral
8/6- 8/9*	MS Adventure Camp with National MS Society

\*closed partner session



## Camp Aristotle

<https://theauburnschool.org/>  
 Locations in Fairfax, VA and Silver Spring, MD

Many students at Camp Aristotle experience challenges associated with Asperger's Syndrome, high functioning autism, anxiety-related disorders, and ADHD. Students at Camp Aristotle may have trouble with peer relationships and/or impulse control and have previously experienced unhappiness and frustration in camps where their need for tools such as sensory breaks were not respected or understood. Our teachers and staff are specially trained to understand these needs. Our goal is to provide all of our campers with an enjoyable, fulfilling and bully-free camp experience.

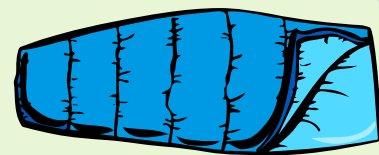


**A LIST OF MORE CAMPS IS ATTACHED IN THE EMAIL!**



Explore these lists of camps all over the nation!

- <https://www.verywellmind.com/summer-camps-for-kids-with-adhd-20534>
- <https://www.marthaalvarez.com/adhd-summer-camp-programs/>
- <https://www.kidscamps.com/>



# EFMP Services Offered:

- \* Family support/case management (incl. deployment support)
- \* Informed assignment screening
- \* Special housing consideration (HQMC EFMP)
- \* EFMP Attorney Assistance
- \* Resources and referrals
- \* Support at IEP meetings
- \* Eligibility for Tricare ECHO
- \* Transition assistance
- \* Workshops and trainings
- \* Lending Library
- \* Loan Locker
- \* Respite Care Reimbursement Program
- \* Family Needs Assessment and Service Plan

## FAQ of the Month

**Question: What does EFMP Assignment Coordination mean?**

**Answer: Prior to receiving endorsed orders, HQ EFMP is part of the assignment process to ensure that the resources (e.g., medical specialists & special education services) are available, and the needs of the family can be met at the gaining installation.**



## April is Month of the Military Child!



The Defense Department celebrates military children during the month of April. There are more than 1.6 million military children who face many challenges and unique experiences as a result of their parents' service. While military members serve around the world, we often forget the challenges faced by their children. Military families move on average every two to three years, impacting military children through changing schools and support networks. Each year, the DOD joins national, state and local government, schools, military serving organizations, companies and private citizens in celebrating military children and the sacrifices they make.



## Hail & Farewell

**We are so sad to see you go but wish you the best on your new endeavors!**

Thank you for your service and devotion to our Marine Corps families, **Ms. Davina Hardaway** (FCW) and **Ms. Glenda Industrious** (FCW). EFMP was lucky to have you!

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