

# NEWSLETTER

## HENDERSON HALL EXCEPTIONAL FAMILY MEMBER PROGRAM

JANUARY 2023



**EFMP** Exceptional  
Family Member  
Program



### HENDERSON HALL EFMP TEAM

Email: [efmphh@usmc-mccs.org](mailto:efmphh@usmc-mccs.org)

Website: [hendersonhall.usmc-mccs.org](http://hendersonhall.usmc-mccs.org)

#### Program Manager:

Amy Proce

703-693-6510

[Amy.Proce@usmc-mccs.org](mailto:Amy.Proce@usmc-mccs.org)

#### Family Case Worker:

Glenda Industrious

703-693-6368

[Glenda.Industrious@usmc-mccs.org](mailto:Glenda.Industrious@usmc-mccs.org)

#### Family Case Worker:

Davina Hardaway

703-693-4172

[Davina.Hardaway@usmc-mccs.org](mailto:Davina.Hardaway@usmc-mccs.org)

#### Training, Education & Outreach

Specialist:

Gracie Pak

703-693-5353

[Gracie.Pak@usmc-mccs.org](mailto:Gracie.Pak@usmc-mccs.org)

#### Administrative Specialist:

Christina Chipman

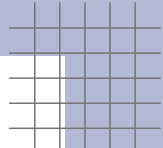
703-693-7195

[Christina.Chipman@usmc-mmccs.org](mailto:Christina.Chipman@usmc-mmccs.org)

## EFMP SERVICES

### AVAILABLE:

- Family support/case management (including deployment support)
- Informed assignment screening
- Special housing consideration (HQMC EFMP)
- EFMP attorney assistance
- Resources and referrals
- Support at IEP meetings
- Eligibility for Tricare ECHO (with qualifying conditions)
- Transition assistance (Warm Hand-off)
- Workshops and trainings
- Lending library
- Loan locker
- Respite Care Reimbursement Program
- Family Needs Assessment and Service Plan

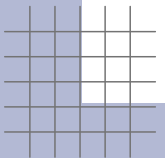


# SPECIAL NEEDS FORUM RECAP

Our Special Needs Forum was held on December 16 with special guests Ms. Christina Jones, Col. Andrew Winthrop, and MCCS Marine and Family Advocacy Program Prevention and Education Specialist Ms. Natalia Tyrrell. In the forum, Ms. Jones spoke about her roles and responsibilities as the National Capital Region's EFMP special needs attorney. The forum was held on Facebook Live so if you would like to go check out the recording for yourself, please visit the MCCS Henderson Hall Facebook page.

## MEET OUR EFMP ATTORNEY CHRISTINA JONES

Ms. Christina Jones Christina Jones, Esq. serves as an Exceptional Family Member Program (EFMP) Attorney for the United States Marine Corps' National Capital Region. Prior to this post, Christina was a Professor of the Practice at William & Mary Law School, where she served as the Director of the Parents Engaged for Learning Equality (PELE) Special Education Advocacy Clinic. At PELE she led Special Education Boot Camp, training hundreds of military attorneys, paralegals, and Exceptional Family Member Program staff on protecting the rights of military children in special education. Her past experience includes work at The Arc of the United States in Washington D.C., Equip for Equality in Chicago, Legal Aid at Work in San Francisco, the Alliance for Catholic Education at Notre Dame, and the Department of Justice's Disability Rights Section in Washington D.C. Her close relationship with her cousin Jennifer, a young woman with autism, fuels her advocacy efforts





# Welcome

## WELCOME HH EFMP'S NEWEST FAMILY CASE WORKER MS. GLENDA INDUSTRIOUS



Glenda has worked with individuals with special needs for 11 years in different capacities. She is from Prince Georges' County, Maryland. She graduated with a Bachelor's and Master's in Special Education from the University of Maryland College Park. She recently moved back from Madison, Wisconsin, where she coordinated Medicaid Waiver services for children with special needs. Glenda is very excited to transfer her experience supporting civilian families to Marine Corps families.



## LENDING LIBRARY

# Spotlight

## *Special Parent, Special Child*

Parents of Children  
with Disabilities  
Share Their Trials,  
Triumphs, and  
Hard-Won Wisdom



# Tom Sullivan

Author of *If You Could See What I Hear*

### **SPECIAL PARENT, SPECIAL CHILD: PARENTS OF CHILDREN WITH DISABILITIES SHARE THEIR TRIALS, TRIUMPHS, AND HARD-WON TRIUMPHS BY TOM SULLIVAN**

Six interviews with parents of special children discuss how each family deals with their child's disability in an inspirational guide that examines the special needs of youngsters with cerebral palsy, blindness, deafness, life-threatening illness, learning disability, and Down's syndrome

## **SENSORY** *Activity*

## **MAGIC MILK EXPERIMENT**

### Materials

- Almond Milk or Cow's Milk
- Dish soap
- Q-tips (Cotton Swab)
- Cotton Balls
- Food coloring
- Shallow plate or wide bowls

1. Fill a plate or bowl with milk.
2. Drop in at least 2 drops of each of four colors of food coloring. The more variety of colors the cooler the painting.
3. Generously dip the end of a q-tip in dish soap.
4. Now dip the q-tip (cotton swab) into the milk next to a drop of color.
5. The first thing that will happen is the color will burst as soon as the dish soap hits it. It's a great effect but very short lived. Once there is a little dishsoap in the milk it no longer "bursts".
6. Gently swirl the q-tip through the different colors and you'll see little rivers of color start to form. Continue until the colors begin to mix and become brown. Empty your plate/bowl and repeat

<https://babbledabbledo.com/science-for-kids-milk-painting/>





**Key:**  
**Blue:** Henderson Hall  
**Red:** The Arc  
**Orange:** PEATC

# january

Next Page: Event Description Chart

DECEMBER 2022  
 S M T W T F S  
 1 2 3  
 4 5 6 7 8 9 10  
 11 12 13 14 15 16 17  
 18 19 20 21 22 23 24  
 25 26 27 28 29 30 31

FEBRUARY 2023  
 S M T W T F S  
 1 2 3 4  
 5 6 7 8 9 10 11  
 12 13 14 15 16 17 18  
 19 20 21 22 23 24 25  
 26 27 28

# JANUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  january-calendar.com	2	3	4	5  The ARC @ Ft. Belvoir	6	7
8	9	10 HH Lunch & Learn Intro to EFMP & Respite Care SDM Series	11	12	13	14
15	16	17	18 The Big Step: Early Intervention SDM Series	19	20	21
22	23	24 HH Lunch & Learn SSI & Medicaid Waivers SDM Series	25	26	27	28
29	30	31				



efmphh@usmc-mccs.org  
 H&S Battalion, HQMC, Henderson Hall  
 1555 Southgate Rd. Bldg 12  
 Arlington, VA 22214



Date	Time	Workshop/Event	Description	Location
Thurs, Jan. 5, 2023	8:00am- 12:00pm	<b>Ft Belvoir Community Hospital - Autism Resource Clinic</b>	All military parents/guardians of children with Autism Spectrum Disorder are invited to attend FBCH Autism Resource Clinic. There will be a variety of local experts each month from medical, local schools, military, and community to provide a plethora of resources for newly diagnosed families, newly relocated families, and families that just need more support.	Virtual and In-Person at Ft. Belvoir Community Hospital
Tues, Jan. 10, 2023	11:20am- 12:30am	<b>EFMP Lunch and Learn: Introduction to EFMP and Respite Care</b>	What is the USMC Exceptional Family Member Program? Who is eligible and what are the benefits and requirements? How do you enroll in the program? This workshop will discuss why the EFMP exists, and how it can help you to support and advocate for your exceptional family member. For more information, please email: <a href="mailto:efmphh@usmc-mccs.org">efmphh@usmc-mccs.org</a> or call 703-693-5353.	Virtual, MS Teams
Tues, Jan. 10, 2023	6:30pm- 7:30pm	<b>What is Supported Decision-Making and What Kind of Support Do I Want? (SDM Series)</b>	<p>This virtual training series will be held once a week. During this series you will get important information on how to develop a supported decision-making agreement (SDMA). SDMAs allow individuals with disabilities to exercise maximum independence and make choices and decisions about their own lives with support from people they choose.</p> <p>This series is progressive, so we encourage you to register for and attend all four sessions. This series is designed for individuals with disabilities, their families, and supporters.</p>	Virtual, Zoom  Info and Registration: <a href="https://peatc.org/event/what-is-supported-decision-making-and-what-kind-of-support-do-i-want-sdm-series/">https://peatc.org/event/what-is-supported-decision-making-and-what-kind-of-support-do-i-want-sdm-series/</a>
Wed, Jan. 18, 2023	6:30pm- 7:30pm	<b>The Big Step: Early Intervention to Preschool</b>	<p>If your little one is currently receiving Early Intervention (EI) services, now is the time to start preparing for the transition to preschool and Early Childhood Special Education (ECSE) services. Changing from a "family focus" to a "student focus" requires planning. This webinar discusses the importance of transition planning, what to expect, tips for success, and the roles of parents, service coordinators, and educators in ensuring a smooth transition for your child.</p> <p>This webinar will be presented on Zoom. It will not be recorded.</p>	Virtual, Zoom  Info and Registration: <a href="https://peatc.org/event/the-big-step-early-intervention-to-preschool-2/">https://peatc.org/event/the-big-step-early-intervention-to-preschool-2/</a>
Wed, Jan.	6:30pm- 7:30pm	<b>When Do I Want Support Discovery Tool (Supported</b>	This virtual training series will be held once a week. During this series you will get important information on how to develop a supported	Virtual, Zoom  Info and Registration:

18, 2023		<b>Decision-Making Series)</b>	<p>decision-making agreement (SDMA). SDMAs allow individuals with disabilities to exercise maximum independence and make choices and decisions about their own lives with support from people they choose.</p> <p>This series is progressive, so we encourage you to register for and attend all four sessions. This series is designed for individuals with disabilities, their families, and supporters.</p>	<a href="https://peatc.org/event/when-do-i-want-support-discovery-tool-supported-decision-making-series/">https://peatc.org/event/when-do-i-want-support-discovery-tool-supported-decision-making-series/</a>
Tues, Jan. 24, 2023	11:30am- 12:30am	<b>EFMP Lunch and Learn: SSI &amp; Medicaid</b>	<p>SSI is a benefit available through the U.S. Social Security Administration. What is it, and who qualifies? This workshop will cover the SSI program guidelines, the application process, and more. The other part of this brief is on Medi-caid. What is Medicaid? Who qualifies, and what is the application process?</p> <p>For more information, please email: <a href="mailto:efmphh@usmc-mccs.org">efmphh@usmc-mccs.org</a> or call 703-693-5353.</p>	Virtual, MS Teams
Tues, Jan. 24, 2023	6:30pm- 7:30pm	<b>Relationship Map Tool and Selecting Your Supporters (Supported Decision-Making Series)</b>	<p>This virtual training series will be held once a week. During this series you will get important information on how to develop a supported decision-making agreement (SDMA). SDMAs allow individuals with disabilities to exercise maximum independence and make choices and decisions about their own lives with support from people they choose.</p> <p>This series is progressive, so we encourage you to register for and attend all four sessions. This series is designed for individuals with disabilities, their families, and supporters.</p>	<p>Virtual, Zoom</p> <p>Info and Registration: <a href="https://peatc.org/event/relationship-map-tool-and-selecting-your-supporters-supported-decision-making-series/">https://peatc.org/event/relationship-map-tool-and-selecting-your-supporters-supported-decision-making-series/</a></p>