

INFANT MASSAGE

Whether it's to soothe a little one to sleep, ease a gassy belly, or calm a fussy baby, a gentle massage can work wonders!

*The power of tender touch
cannot be underestimated.*

Touch is one of the most developed senses at birth and the skin is the biggest organ a child or adult has. Infant massage helps babies grow and thrive. The act of giving a massage helps you find your own sense of calm.

**Join us in a 5-week class on Fridays
at the Henderson Hall Chapel**

**For more
information and
start date, call
703-614-7204**

