Substance Assessment & Counseling Program (SACP)
Henderson Hall "Protect What You've Earned"

July 2026 Prevention Sense

July 2026 continues 101 Days of Summer Fun (Including 4th of July Holiday)

PREVENTION WITH AN ATTITUDE COME GET THE LOVE YOU NEED

FOR MARINES

Alcohol Abuse Prevention Tip

This Fourth of July means celebrating our Nation's 250th Birthday. And that means cook-outs, family gatherings, and displays of fireworks. It also means that you can "let your hair down" and finally let loose. The problem is, once you start letting loose, you need to keep an eye out on your situational awareness. Fourth of July doesn't need to be an excuse to drink. Alcohol and fireworks don't mix. So keep the fun going and keep the family and kids safe, because no one needs unsafe practices.

Drug Abuse Prevention Tip

People should keep their medications in a secure location and know how much medication is in the prescription container. Encourage friends, relatives, and grandparents to also safeguard their medications and monitor their use. Many young people mistakenly think that it is safer to misuse prescription medication than illegal street drugs. There is less social stigma attached to misusing medications so it seems more acceptable to teens. The truth is though, you need to be careful regardless of whether it's legal or illegal.

FOR SACOs

Events

4th of July our 250th Anniversary: According to the National Highway Traffic Safety Association more people die in drunk driving accidents during July than any other month of the year. Marines and their families are enjoying the time off and may be attending beach activities or having that big patriotic party in their own backyard. You want to ensure that everyone has a backup plan to enjoy that time with family and still get home safely. So Protect What You've Earned and enjoy the holiday.

Discrepancy of the Month

Code LX, i.e. Label-DoD/CAC ID Discrepant: Occurs when a DoD/CAC card ID number is incorrect, incomplete, illegible, missing, overwritten, not original, or not forensically corrected.

10 Commandments of EFFECTIVE SACOs - Effective Unit SACOs consistently

- Tests a minimum of 10% monthly
- Test EVERYONE involved in collection once monthly
- NEVER store urine for an extended period
- Log in to IFTDTL once every 30 days minimum
- Contacts SACC HH at least once a week
- Attend/participate in EVERY SACO meeting.

Prevention Calendar

Screenings & Assessments: EVERY Tuesday (Contact SACC Mgr).

Aftercare (Call in): EVERY Wednesday, 0645 (Contact SACC Mgr).

Unit SACO Consultation: On Demand (Contact DDRC/SACC Mgr.).

Detection Supplies Pickup: As required (Contact the DDRC).

Command/Leadership Brief - As requested.

MBW New Joins Brief – 13 July 2026.

Prime for Life 16.0 Course - 14-15 July 2026.

Monthly SACO Training/Meeting: 24 July 2026 at 0930.

Henderson Hall Welcome Aboard Anti-Drug/Alcohol Abuse Prev. PME: Accessed virtually at the HQ&SBN website

The Only Thing Better than Prevention is MORE PREVENTION

National Highway Traffic Safety Administration: To learn more about drunk driving standards, education, and enforcement information please visit (https://www.nhtsa.gov).

National Institute on Drug Abuse: Information on misuse of prescription drugs and all dangers associated with prescription misuse (https://www.drugabuse.gov).

NHTSA NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION

NIH National Institute on Drug Abuse