

# BALANCING EXCEPTIONAL NEEDS AND DAILY LIFE



## HEALTHCARE & WELLNESS

### TRICARE EXTENDED CARE HEALTH OPTION

Extra support for active-duty families beyond standard TRICARE; includes in-home assistance, respite care, incontinence supplies, and family training.

### TRICARE AUTISM CARE DEMONSTRATION

Covers clinically necessary Applied Behavior Analysis (ABA) services for enrolled dependents.

### EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) RESPITE CARE

Provides temporary breaks for primary caregivers; eligible families may receive monthly reimbursement.



## MAKING MOVES (PCS) EASIER

### CONTINUATION ON LOCATION (COL)

Keeps care in place during permanent change of station moves inside the continental United States to ensure continuity.

### ADVANCED AND DELAYED DEPENDENT TRAVEL (ADT/DDT)

Offers flexible dependent move timelines.  
POC: SMB\_Manpower\_MMIB\_3@usmc.mil

### FAMILY MEMBER TRAVEL SCREENING

Provides specialist guidance through overseas or remote continental United States screening.  
POC: Smb\_hqmc\_fmmts@usmc.mil



## SCHOOL & EDUCATIONAL SUCCESS

### MILITARY INTERSTATE CHILDREN'S COMPACT (MIC3)

Keeps care in place during permanent change of station moves inside the continental United States to ensure continuity.

### SCHOOL LIAISONS

Installation experts connect families to local school resources.

### EFMP Family Attorneys

Provide free legal support for disability-related issues at MCB Quantico, Camp Pendleton, Camp Lejeune, and MCB Hawaii.



Contact your local EFMP Office or School Liaison for guidance and support.