



December 2024

Marine & Family Programs

Exceptional Family Member Program 703-693-5353

- 10** KNOWLEDGE NUGGET: **11:30 AM - Noon**
Accessing Community **Virtual MS Teams**
Resources and Recreation
Inclusion
- 24** KNOWLEDGE NUGGET: **11:30 AM - Noon**
Introduction to EFMP and **Virtual MS Teams**
Respite Care

Contact EFMP for more information.
Register by sending an email request to:
ombefmp.eventregistration@usmc-mccs.org

New Parent Support Program 703-614-7208

- 4, 18** PLAYGROUP **10:30 AM - Noon**
DFMWR Library
Hosted by Army Community
Services (ACR)
- 19** BABY BOOT CAMP **9 AM - 3:30 PM**
Bldg. 12, Conf. Rm.

School Liaison Program 703-693-8378 / 703-696-7620 ombhhschoolliaison@usmc-mccs.org

The School Liaison is available to provide information
and resources for K-12 school aged children.

SAPR
SEXUAL ASSAULT PREVENTION AND RESPONSE
24/7 SUPPORT LINE
703-217-9940

Behavioral Health Programs 703-614-7204

PRE-REGISTRATION REQUIRED
FOR CLASSES & SEMINARS
CALL: 703-614-7204

COMMUNITY COUNSELING
703-614-7204

MILITARY FAMILY LIFE COUNSELOR
703-414-9885

SUBSTANCE ASSESSMENT & COUNSELING
PROGRAM
703-693-4731

- 6, 13,** HEALTH PROMOTION Call/Email to Sign Up
20 SPECIALIST WARRIOR 703-693-2776
NETWORK GROUP joshua.k.robinson.civ@usmc.mil

NATIONAL SUICIDE PREVENTION & VETERAN CRISIS
LIFELINE 24/7: DIAL 988 THEN PRESS 1 OR TEXT 838255
If you or someone you know needs support now, call or
text 988 or chat 988Lifeline.org. 988 connects you with a
trained crisis counselor who can help.
WWW.VETERANSCRISISLINE.NET

FAMILY ADVOCACY 703-614-7204

CALL MEN'S DOMESTIC VIOLENCE **Call for referral**
INTERVENTION GROUP (STOP) **options**
26 WEEK PROGRAM

6, 13, DEVIL DOG DE-ESCALATION: **1 - 3 PM**
20 CENTURY ANGER MANAGEMENT **HH Bldg. 12**

CALL R.I.S.E SUPPORT GROUP **Call for referral**
options

24 HOUR DOMESTIC VIOLENCE
HOTLINE: 202-439-6038

At Henderson Hall unless otherwise noted. Please pre-register.
For more information call 703-614-7200
or visit HendersonHall.usmc-mccs.org.
There is no federal or Marine Corps endorsement of commercial sponsors.



Personal & Professional Development 703-614-9104

- Daily** H&SBN - WELCOME ABOARD 8 AM - 4 PM
VIDEO Contact Your Info. Bldg. 12, email:
Referral, & Relocation (IR&R) HH_IRR@usmc-mccs.org
Program Manager 703-614-7200
- 4** Pre-Separation Counseling Brief 9 - 11 AM, Bldg. 21, CR. 703-614-6828
- Cracking the Code Virtual
- 18** Retirement TRS 7:30 AM - 3:30 PM, Bldg. 12, CR. 703-614-6828
- 9** ECTS TRS 7:30 AM - 3:30 PM, Bldg. 12, CR. 703-614-6828
- 4, 18** Tuition Assistance Orientation Brief 10 - 11 AM, To get started with TA process, email: hnhl_edu@usmc.mil
- Sponsorship Training 10 - Noon, Bldg. 12, CR. HH_IRR@usmc-mccs.org 703-614-7200
- Smooth Move PCS Class 1 - 3 PM, Bldg. 12, CR. HH_IRR@usmc-mccs.org 703-614-7200

The Personal Financial Management Program 703-614-6950

pfmhh@usmc-mccs.org

- 4** INTRO TO TAXES 10 AM - 11 AM, Bldg. 12
Conf. Rm. Register: PFMHH@usmc-mccs.org
- 11** FILING YOUR INCOME TAXES 10 AM - 11 AM, Bldg. 12
Conf. Rm. Register: PFMHH@usmc-mccs.org
- 19** PERSONAL READINESS SEMINAR 8:30 AM - 12:30, Bldg. 12
Required personal financial training for all Marines at their first duty station
Conf. Rm. Register: PFMHH@usmc-mccs.org

Marine Corps Family Team Building 703-693-8906

- 4** Winter Trees Stress Management 1 AM- 2:30 PM
HH, Bldg. 12
- 5** Winter Trees: Stress Management MBW (Annex Rm),
11:30 AM - 1 PM
- 10** VIRTUAL L.I.N.K.S. AND UNIT ADVISOR TRAINING 9 AM- 3 PM
Virtual, ZOOM for Gov.
- 12** HOLIDAY MUSIC BINGO OUTREACH WITH PWG 10:30 AM - Noon
MBW Annex
Classroom - In person
- 17** HOLIDAY MUSIC BINGO OUTREACH 1 - 2:30 AM
Bldg. 12
- 31** DEPLOYMENT SUCCESS WORKSHOP 10:30 AM - Noon
Virtual, ZOOM for Gov.

Register today at: mcftbhh@usmc-mccs.org
We'll see you soon!