

October 2025

Marine & Family Programs

Behavioral Health Programs 703-614-7204

PRE-REGISTRATION REQUIRED FOR CLASSES & SEMINARS CALL: 703-614-7204

COMMUNITY COUNSELING

MARINE INTERCEPT PROGRAM SERVICES
CALL TO SCHEDULE AN APPOINTMENT

MILITARY FAMILY LIFE COUNSELOR

CALL TO SCHEDULE AN APPOINTMENT

HENDERSON HALL: 703-414-9885
MARINE BARRACKS WASHINGTON: 202-494-2168

Substance Abuse Combat Center

CALL TO SCHEDULE AN APPOINTMENT OR BRIEF
SCREENING & NON-MEDICAL COUNSELING

703-693-4731

PRIME FOR LIFE 4.5 UNIT TRAINING

NATIONAL SUICIDE PREVENTION & VETERAN CRISIS LIFELINE 24/7: DIAL 988 THEN PRESS 1 OR TEXT 838255

If you or someone you know needs support now, call or text 988 or chat 988Lifeline.org. 988 connects you with a trained crisis counselor who can help.

WWW.VETERANSCRISISLINE.NET

Family Advocacy 703-614-7204

Call IDC Training & Command Briefs Upon request

email: courtney.h.ross.

civ@usmc.mil

Call Century Anger Management email: courtney.h.ross.

civ@usmc.mil

Call Stress Management email: courtney.h.ross.

civ@usmc.mil

24 HOUR DOMESTIC VIOLENCE HOTLINE: 202-439-6038

Exceptional Family Member Program 703-693-5353

14 Knowledg Nuggets: Building 11:30 AM - Noon Networks of Support MS Teams

27 Knowledg Nuggets: Inclusive 11:30 AM - Noon Recreaton MS Teams

23 Brushes and Bites: Instructor 5:30 PM - 8 PM Lead Paint Night Ft Myer Chapel

Contact EFMP for more information.

Register by sending an email request to:
ombefmp.eventregistration@usmc-mccs.org

New Parent Support Program 703-614-7204

Call Home Visiting Services Call to Sched. a
Home Visit

1, 15 Playgroup 10:30 AM -Noon DFMWR Library

8, 22 CBIRF Playgroup 9:30 - 11 AM

Indian Head Library

23 Baby Boot Camp 9 AM - 3:30 PM HH Bldg. 12

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3, 10, 17, Infant Massage 9 AM - 10 PM 24, 31 HH Bldg. 12

SAPR

SEXUAL ASSAULT PREVENTION AND RESPONSE

24/7 SUPPORT LINE

703-217-9940

October 2025

Marine & Family Programs

Marine Corps Family Team Building 703-693-8906

7 Virtual LINKS Foundations 9 AM - 3 PM MS Teams

10 URC, DRC, and Appointed 1 - 2 PM
Volunteer Roundtable MS Teams

28 Deployment Success 10 - 11:30 AM

MS Teams

29, 30 URC Training 9 AM - 3 PM

MS Teams

31 Slimy Stress Management Noon - 1:30 PM

Bldg. 12

Register today at: mcftbhh@usmc-mccs.org
We'll see you soon!

School Liaison Program 703-693-8378 / 703-696-7620

ombhhschoolliaison@usmc-mccs.org

15 Read....If You Dare 10:30 AM - Noon

JB-MHH Library, 239 Sheridan Ave. Bldg. 417 Fort Myer, VA

22 Read....If You Dare 10:30 AM - Noon

CBIRF Library, 4163 Morth Jackson Rd. Indian Head, MD

30 Read....If You Dare 11:30 AM - 1:30 PM

JB-MHH Cody CDC, 102 Custer Rd.

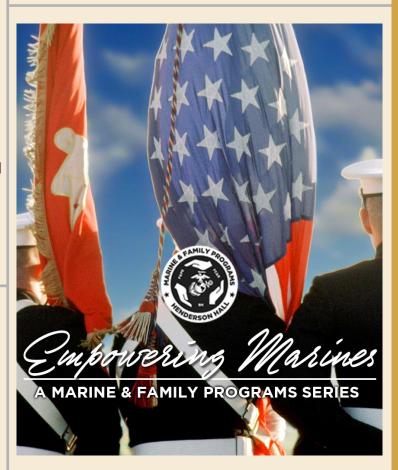
Bldg. 203 Fort Myer, VA

The School Liaison is available to provide information and resources for K-12 school aged children.



Education Center 703-614-9104

Transition Readiness Program 703-614-6828





At Henderson Hall unless otherwise noted. Please pre-register.

For more information call 703-614-7200

or visit HendersonHall.usmc-mccs.org.

There is no federal or Marine Corps endorsement of commercial sponsors.