



 [lejeunenewriver.usmc-mccs.org](http://lejeunenewriver.usmc-mccs.org)

 **MILITARY  
ONESOURCE**

 [militaryonesource.mil](http://militaryonesource.mil)  800-342-9647

 **988 SUICIDE & CRISIS  
LIFELINE**

 [988lifeline.org](http://988lifeline.org)  988



## PROGRAM ABBREVIATION KEY



# WHERE SHOULD I GO FOR HELP?

A QUICK-ACCESS GUIDE FOR HELPFUL  
RESOURCES AVAILABLE ON YOUR INSTALLATION



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24/7 HELP LINES



CL																				
NR																				
PRIMARY CONCERN																				
ABUSE / NEGLECT																				
ALCOHOL / DRUGS																				
ANGER ISSUES																				
ANXIETY / PANIC																				
DEPLOYMENT / RELOCATION																				
DISASTER RECOVERY																				
FINANCES																				
GRIEF / DEATH																				
MARRIAGE & FAMILY																				
NUTRITION / FITNESS																				
PARENTING																				
RELATIONSHIPS																				
SADNESS / DEPRESSION																				
SEXUAL ASSAULT																				
SEXUAL HARASSMENT																				
SPECIAL NEEDS																				
SUICIDAL / HOMICIDAL																				
WORK / SCHOOL																				

REPRESENTS 24/7 AVAILABILITY

SEE REVERSE SIDE FOR ABBREVIATION KEY