

# MARINE CORPS FAMILY TEAM BUILDING



We offer  
**comprehensive support**  
to the entire  
**military community**  
through a variety of  
**workshops**  
and **training programs.**

## LIFESKILLS

- 4 Lenses
- 5 Love Languages for Couples
- 5 Love Languages of Mentorship
- 5 Languages for Self Care
- 5 Love Languages of Children
- Prevention & Relationship Enhancement Program (PREP) 8.0
- Real Relationships
- Say Why? (Interpersonal Communication)
- 7 Habits of Highly Effective People
- Aging Parents & Elder Care
- Attitude & Actions
- Basic Stress Management
- Basic Anger Management
- Bridging the Generation Gap
- Conflict Management
- Ready, Set, Prepare
- Tweens & Teens LifeSkills Series

**Discover how MCFTB  
can support you today.**

**MARINE** &  
*Family*



## L.I.N.K.S.

- L.I.N.K.S. Foundations for Spouses
- L.I.N.K.S. Foundations for Parents & Extended Families
- L.I.N.K.S. Foundations for Marines
- L.I.N.K.S. Mentor Training
- Kids L.I.N.K.S.
- Networking Events



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## READINESS & DEPLOYMENT SUPPORT

- IA Deployment Success
- Unit Readiness Resource Fair
- Deployment Doll Workshop
- Pre-Deployment Brief
- Pre-Deployment Brief for Parents/Extended Family
- Readiness Binder Workshop
- Kids Deployment Readiness
- Mid-Deployment Workshop
- Return & Reunion for Spouses
- Return & Reunion for Parents/Extended Family
- Return & Reunion for Kids & Parents
- Reintegration Training



## VOLUNTEER PROGRAM

- Unit Program Overview Brief
- Passport to Volunteering
- Volunteer Ready
- Annual Volunteer Recognition Ceremony

## UPFRP

- Family Readiness
- Command Team Advisor Training
- Command Team Training
- Command Team Overview
- Deployment/Uniformed Readiness Coordinator Training
- Family Care Plan
- Unit Connection Workshops

