

OCTOBER 2022

Which state has your favorite Halloween Candy?



HENDERSON HALL EFMP TEAM

Email: efmphh@usmc-mccs.org

Family Case Worker:

703-693-6510

Family Case Worker:

703-693-5353

Administrative Assistant:

703-693-7195

SERVICES AVAILABLE

- Family support/case management (including deployment support)
- Informed assignment screening
- ★ EFMP attorney assistance
- ★ Resources and referrals
- Support at IEP meetings
- ★ Eligibility for Tricare ECHO

(with qualifying conditions)

- Transition assistance (Warm Hand-off)
- ★ Workshops and trainings
- Lending library
- Loan locker
- Respite Care Reimbursement Program
- Family Needs Assessment and Service Plan



There are hundreds of thousands of people who have Spina Bifida, and throughout the month of October, we celebrate National Spina Bifida Awareness Month to raise awareness and support for them. Spina Bifida is a birth defect that occurs when the spine and spinal cord don't form properly. This neural tube becomes the baby's brain, spinal cord, and the tissues that enclose them. Typically, there's a gap in the baby's back instead of an opening and there's no damage to the spinal cord or the nerves. For more information about Spina Bifida, visit:

https://nationaltoday.com/national-spina-bifidaawareness-month/

https://www.spinabifidaassociation.org/



Sensory-Friendly Sunday: Fantastic Fall

Save the Date: Nov 13, 2022

(All Ages)

This event is designed for families with kids, teens, and adults with sensory-processing differences, autism spectrum disorder, or developmental disabilities. Robinson Nature Center (Columbia, MD) exhibits, trails and outdoor play area open early. Join Nature Center, Therapeutic Recreation, and Park Ranger staff for self-paced activities including sensory bins and pathways, scavenger hunts, crafts, or games. The Planetarium opens between 11am and noon.

Pre-register or for more information, call 410-313-0400 or visit: www.howardcountymd.gov/ RobinsonNatureCenter



Open Season:

Nov. 14 - Dec. 13, 2022

When considering your options you have these three choices:

- Stay in your plan.
- Enroll in a health plan.
- Change health plans or switch between individual and family enrollment.

For more information visit: Tricare Open Enrollment

Attorney Tip: Half Day Removals

When a school calls a parent and says they need to pick their child up due to their behavior, the federal and state departments of education consider it a **suspension**. Schools often don't provide the paperwork for the suspension or consider it one, but it is a suspension. This is critical because students with disabilities cannot be suspended for **more than 10 consecutive days** during one school year, or 10 cumulative days if those removals constitute a pattern. If a child is suspended for more than 10 days, the school is required to hold a manifestation determination review (MDR). These partial day removals are important to count towards the 10 days, so you can get to an MDR faster. If a child is having behavioral issues, then there are steps the school should be taking, such as conducting a functional behavioral assessment and implementing a behavior intervention plan.

Parents: if you are removing your child from school, ask the school for suspension paperwork and keep track of how many days your child is missing due to these suspensions, and call an MDR at the appropriate time. If the school does not provide it, write a letter to the school saying that you were called to pick your child up on that date due to behavior and you are considering it a suspension.

Contact your Family Case Worker for more information on how to contact the EFMP Special Needs Attorney

What do the different colored trick-or-treat buckets mean?



Signifies a child with autisim. This trick-or-treater might not say 'trick-or-treat' or 'thank you,' might not wear a mask and might be sensitive to sights and sounds. They also might take a little longer to select the perfect treat!



Signifies a child with a food allergy. This trick-or-treater might have a peanut or gluten allergy, or another allergy they're sensitive to. They might like a different 'treat,' like a sticker or glow stick!



Date	Time	Workshop/Event	Description	Location
Tues., Oct 4	11:30 am - 12:30 pm	EFMP Lunch and Learn: Early Intervention	Community resources are the businesses, public service institutions, and charitable organizations that provide assistance and services to local residents. Some organizations may support large groups while others target a smaller more specific group. Come and learn about accessing a wealth of resources available in the National Capital Region and how to find new resources when you PCS to a new location. RSVP by emailing efmphh@usmc-mccs.org and information will be given on how to participate.	Henderson Hall, Building 12, Con- ference Room or Virtual
Thurs. Oct 6	8:00 am - 12:00 pm	Ft Belvoir Community Hospital - Autism Resource Clinic	All military parents/guardians of children with Autism Spectrum Disorder are invited to attend FBCH Autism Resource Clinic. There will be a variety of local experts each month from medical, local schools, military, and community to provide a plethora of resources for newly diagnosed families, newly relocated families, and families that just need more support. For more information contact Jennifer Hensley, DNP, CPNP, PMHS or Carol Bruch RN 571-231-1027	Fort Belvoir Community Hospital
Tues. Oct 18	11:30 am - 12:30 pm	EFMP Lunch and Learn: Service Animals	Learn the difference between service animals and therapy animals, installation regulations, and how to PCS with your service animal. RSVP by emailing efmphh@usmc-mccs.org and information will be given on how to participate.	Henderson Hall, Building 12, Conference Room or Virtual



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