



# MARRIAGE ENRICHMENT RETREAT

## CREDO Naval District Washington

Baltimore Inner Harbor  
no child care

- February 23-25
- April 5-7
- August 16-18
- October 4-6
- November 1-3

Turf Valley Resort  
with limited child care

- May 17-19
- July 12-14
- December 6-8

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Gain skills from Arbinger, Gottman, PREP, and MBTI to better understand yourself and your spouse.

Registration opens the first day of the month preceding the retreat. Request a registration form from:

[credo.ndw@us.navy.mil](mailto:credo.ndw@us.navy.mil)

- *Open only to Active Duty and Reserves in an active status.*
- *Must be legally married.*

