



# June 2024

## Marine & Family Programs

### Exceptional Family Member Program (703) 693-5353

- 7 MBW CHOW HALL OUTREACH** 11 AM - 12:30 PM  
MBW
- 11 KNOWLEDGE NUGGET:  
SERVICE ANIMALS** 11:30 AM - Noon  
MSTeams
- 25 KIMBROUGH CLINIC OUTREACH** 10 AM - Noon  
Ft Meade
- 25 KNOWLEDGE NUGGET:  
BUILDING NETWORKS  
OF SUPPORT** 11:30 AM - Noon  
MSTeams

Contact EFMP for more information.  
Register by sending an email request to:  
[ombefmp.eventregistration@usmc-mccs.org](mailto:ombefmp.eventregistration@usmc-mccs.org)

### New Parent Support Program 703-614-7208

- 27 BABY BOOT CAMP** 9 AM - 3:30 PM  
Bldg. 12, Conf. Rm.

**School Liaison Program**  
703-693-8378 / 703-696-7620  
[ombhhschoolliaison@usmc-mccs.org](mailto:ombhhschoolliaison@usmc-mccs.org)

The School Liaison is available to provide information  
and resources for K-12 school aged children.

**SAPR**  
SEXUAL ASSAULT PREVENTION AND RESPONSE  
24/7 SUPPORT LINE  
**703-217-9940**

### Behavioral Health Programs 703-614-7204

PRE-REGISTRATION REQUIRED  
FOR CLASSES & SEMINARS  
CALL: 703-614-7204

**COMMUNITY COUNSELING**  
703-614-7204

**MILITARY FAMILY LIFE COUNSELOR**  
703-414-9885

**SUBSTANCE ABUSE COMBAT CENTER**  
703-614-8961/ 8962

**NATIONAL SUICIDE PREVENTION & VETERAN CRISIS  
LIFELINE 24/7: DIAL 988 THEN PRESS 1 OR TEXT 838255**  
If you or someone you know needs support now, call or  
text 988 or chat [988Lifeline.org](http://988Lifeline.org). 988 connects you with a  
trained crisis counselor who can help.  
[WWW.VETERANSCRISISLINE.NET](http://WWW.VETERANSCRISISLINE.NET)

### FAMILY ADVOCACY 703-614-7204

**CALL** MEN'S DOMESTIC VIOLENCE INTERVENTION GROUP (STOP) 26 WEEK PROGRAM **Call 703-693-1153**  
for referral options

**CALL** DEVIL DOG DE-ESCALATION: CENTURY ANGER MANAGEMENT **Call 703-693-3845**  
for referral options

**CALL** R.I.S.E SUPPORT GROUP **Call 703-693-3845**  
for referral options

**24 HOUR DOMESTIC VIOLENCE  
HOTLINE: 202-439-6038**

At Henderson Hall unless otherwise noted. Please pre-register.  
For more information call 703-614-7200  
or visit [HendersonHall.usmc-mccs.org](http://HendersonHall.usmc-mccs.org).  
There is no federal or Marine Corps endorsement of commercial sponsors.

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### Personal & Professional Development 703-614-9104

- 5, 18 TUITION ASSISTANCE ORIENTATION BRIEF** 10 - 11 AM To get started with TA process, email: [hnhl\\_edu@usmc.mil](mailto:hnhl_edu@usmc.mil)
- 10, 14 EXECUTIVE CAREER TRANSITION SEMINAR** 7:30 - 4 AM Bldg 21 [Contact the UTC](#)
- 11, 25 DLPT (DEFENSE LANGUAGE PROFICIENCY TEST)** To schedule please email [hnhl\\_edutest@usmc.mil](mailto:hnhl_edutest@usmc.mil)
- 13, 27 DLAB (defense language aptitude test) AFCT (Armed Forces Classification Test)** To schedule please email [hnhl\\_edutest@usmc.mil](mailto:hnhl_edutest@usmc.mil)
- 18 SPONSORSHIP TRAINING** 10 AM - Noon Bldg. 12 Main Conf. Rm. Register email: [HH\\_IRR@usmc-mccs.org](mailto:HH_IRR@usmc-mccs.org) 703-614-7200
- 25 H&SBN - WELCOME ABOARD** 8 - 10:30 AM Information, Referral, & Relocation - Please email: [HH\\_IRR@usmc-mccs.org](mailto:HH_IRR@usmc-mccs.org) 703-614-7200
- 27 SMOOTH MOVE PCS CLASS** 1 - 3 PM Bldg. 12 Main Conf. Rm. Register email: [HH\\_IRR@usmc-mccs.org](mailto:HH_IRR@usmc-mccs.org) 703-614-7200

### The Personal Financial Management Program

8AM - 4PM, Bldg. 12 Room 115 • Ph: 703-614-6950

- 5 CREDIT MANAGEMENT** 9 AM - 10 PM Bldg. 12 Conf. Rm. Register email: [PFMHH@usmc-mccs.org](mailto:PFMHH@usmc-mccs.org)
- 12 INTRO TO DEBT MANAGEMENT** 9 - 10 AM Bldg. 12 Conf. Rm. Register email: [PFMHH@usmc-mccs.org](mailto:PFMHH@usmc-mccs.org)
- 20 PROMOTION** 9 - 10 AM Bldg. 12 Main Conf. Rm. Register email: [PFMHH@usmc-mccs.org](mailto:PFMHH@usmc-mccs.org)
- 26 DEVELOPING A SPEND PLAN- Know what your money is doing** 9 - 10 AM Bldg. 12 Main Conf. Rm. Register email: [PFMHH@usmc-mccs.org](mailto:PFMHH@usmc-mccs.org)
- 27 PERSONAL READINESS SEMINAR - Required personal financial training for all marines at their first duty station** 8 AM - Noon Bldg. 12 Main Conf. Rm. Register email: [PFMHH@usmc-mccs.org](mailto:PFMHH@usmc-mccs.org)

### Marine Corps Family Team Building 703-693-8906

- 11 5 LOVE LANGUAGES & MENTORSHIP WORKSHOP** 11 AM - 12:30 PM Hybrid-in-person with online option
- 24 DEPLOYMENT SUCCESS** 10 - 11 AM Virtual

Register today at:  
[mcftbhh@usmc-mccs.org!](mailto:mcftbhh@usmc-mccs.org)  
We'll see you soon!