



Substance Assessment & Counseling Program (SACP) Henderson Hall "Protect What You've Earned" April 2026 Prevention Sense

April 2026 is Alcohol Awareness Month

PREVENTION WITH AN ATTITUDE COME GET THE LOVE YOU NEED

FOR MARINES

Alcohol Misuse Prevention Tip

Alcohol Awareness Month. April is the designated month for raising awareness of underage drinking and its devastating impact on underage service members, families, and the community. It also is a time to highlight ongoing efforts and to initiate new efforts to prevent underage drinking. When underage drinking is added to the military cultural mix of peer pressure, deployments, combat zones, and stress away from home, the dangers become real. Help is available — come to SACC and "get the love" you need.

Drug Abuse Prevention Tip

Mixing alcohol and with any type of medications can be harmful. Alcohol, like some medicines, can make you sleepy, drowsy, or lightheaded. Drinking alcohol while taking medicine can intensify these effects. You may have trouble concentrating or performing mechanical skills. Small amounts of alcohol can make it dangerous to drive, and when you mix alcohol with certain medicines you put yourself at even greater risk. Combining alcohol with some medicines can also lead to falls and serious injuries.

Prevention Calendar

Screenings & Assessments: EVERY Tuesday (Contact SACC Mgr).
Aftercare (Call in): EVERY Wednesday, 0645 (Contact SACC Mgr).
Unit SACO Consultation: On Demand (Contact DDRC/SACC Mgr).
Detection Supplies Pickup: As required (Contact the DDRC).
Command/Leadership Brief - As requested.
MBW New Joins Brief – 13 April 2026.
Prime for Life 16.0 Course - 14-15 April 2026.
Monthly SACO Training/Meeting 17 April 2026 at 0930.
Henderson Hall Welcome Aboard Anti-Drug/Alcohol Abuse Prev.
PME: Accessed virtually at the HQ&SBN website

FOR SACOs

Events

April is Alcohol Awareness Month. It was established in 1987 to help reduce the stigma associated with alcohol use disorder. This encourages the community to reach out and educate about how alcohol use disorder impacts individuals and supports those in recovery. It is easy to focus on the negatives of substance use disorder but people do, in fact, recover. It is estimated that as many as 20 million people are living lives in recovery today!

Discrepancy of the Month

Code 2D Barcode RF i.e. Form 2624 received with a 2D specimen. SACOs do not need to send Form 2624 any longer.

10 Commandments of EFFECTIVE SACOs - Effective Unit SACOs consistently

- Tests a minimum of 10% monthly
- Test EVERYONE involved in collection once monthly
- NEVER store urine for an extended period
- Log in to IFTDTL once every 30 days minimum
- Contacts SACC HH at least once a week
- ALWAYS have a minimum 6 months testing supplies on hand.

The Only Thing Better than Prevention is MORE PREVENTION

National Alcohol Screening Day (NASD) is an initiative first launched in 1999 by the National Institutes Of Health (NIH). The aim of this event is to increase public awareness that alcohol abuse and alcoholism are recognized disorders which can be treated. This year it takes place on 9 April 2026.

April is National Alcohol Free Weekend, a national campaign to create awareness of the risks and dangers that come from alcohol abuse. It is from April 3-5, 2026. This annual campaign is sponsored by the National Council on Alcoholism and Drug Dependence (NCADD). This year's theme is "Help for Today. Hope For Tomorrow." For more information, please go to: ncadd.org.