

MARINE CORPS FAMILY TEAM BUILDING

# *Happy Little Trees:* **PAINTING & STRESS MANAGEMENT**

Channel your inner artist while learning about the importance of Stress Management. This workshop will include a Bob Ross inspired happy little tree painting activity.

**Wednesday**  
**NOVEMBER 19**  
**10 - NOON**

**Henderson Hall, Bldg. 12**

**INFO:**

**mcftbhh@usmc.mil**

**703-693-1253/8906**

Registration closes November 18

**MARINE**  
&  
*Family*

**REGISTER HERE**



**MC**  
**CS**  
HENDERSON HALL