



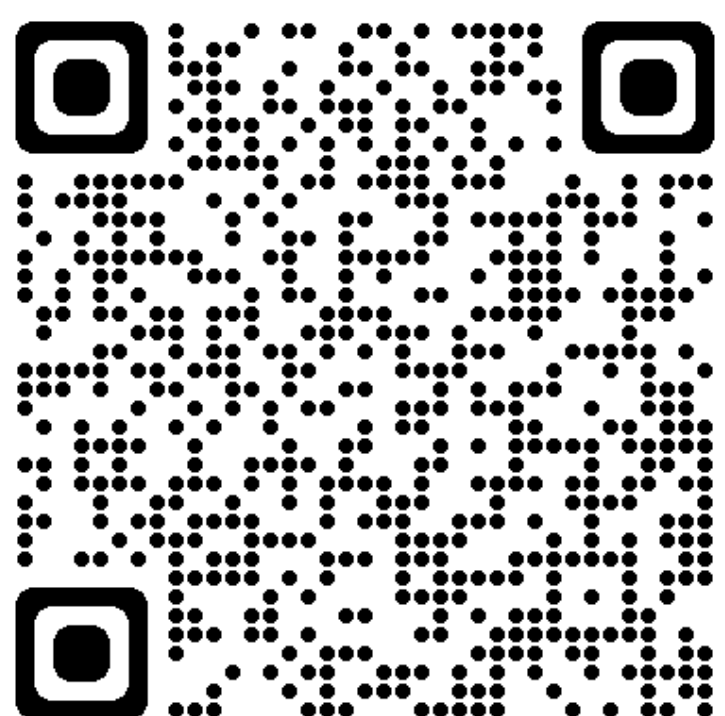
**HENDERSON HALL SEMPER FIT**

# **2023 RACE SCHEDULE**

## **OOHRAH RUN SERIES**

- 7 AM Apr 28 SAPR Spring Salute 5K**
- 7 AM May 19 Iwo Jima 7K**
- 7 AM Jun 23 Chesty's 5K**
- 7 AM Sep 22 Devil Dog 5K**
- 7:30 AM Oct 27 Haunted Hill Halloween 5k**
- 7 AM Nov 17 Joint Base Turkey Trot 5K**

Races are on Fridays from the Cpl Terry L. Smith Gym,  
Joint Base Myer-Henderson Hall  
for more information call 703-614-6332



No federal or Marine Corps endorsement implied.

Semper Fit is committed to providing reasonable accommodations upon request. Please contact us at 703-614-6332 at least one (1) week in advance of the event.